



The Graceful Connection

SEPTEMBER 2024



Sedgwick Plaza Newsletter

As the vibrant colors of September begin to unfold, we are excited to embrace a month filled with celebration and connection. One of the highlights of this month is National Assisted Living Week, which takes place from September 8th to 14th. This special week is dedicated to honoring the incredible spirit of our residents who make our community a warm and welcoming home.

Celebrating National Assisted Living Week

This year's theme for National Assisted Living Week is "Inspiring Generations" a perfect opportunity for a flash back to the past. Throughout the week, we have planned a series of engaging and enjoyable activities designed to bring our assisted living residents together to have a good old fashion time.

Tina BOM - "We would like to remind you that rent is due by the 5th of each month. Starting September 2024, late fees of 1.5% will be applied to overdue payments. We do have automatic withdrawal to help streamline the process and avoid late fees. Please contact Tina to obtain the automatic withdraw form."

Admin - We would like for you to know that the bookcases are up and we would like to do a book drive to sell books, that way we can buy something for the residents of Sedgwick Plaza. I also would like to mention that the flagpole has been fixed, also the chairs are in the rooms that they belong in so please do not move them from the rooms that they belong in thank you.

Sales - We like to introduce the new move in coordinator Eugene

September is a significant month in our community as we recognize both World Alzheimer's Month and National Assisted Living Week as our Featured Celebrations. This year's theme for National Assisted Living Week is "Inspiring Generations," a reminder of the lasting impact we have on each other across all ages. Throughout September, we'll raise awareness about Alzheimer's disease, emphasizing the importance of understanding and supporting those affected. Then, in line with the theme of Inspiring Generations, we'll celebrate the heart of our community during National Assisted Living Week—our residents, families, and dedicated team members—by visiting the decades of the a generation and celebrating with fun daily events centered on each decade. We will also be inviting you to share your wisdom to inspire and connect with future generations. Join us for a series of events and activities designed to educate, inspire, and bring us closer together as we honor the generations within our community.

NEW RESIDENTS

Michael Farkas Chris Heiser Sigrid Trombley Lucy Heidt Mary Curtis Larry Douglas Ronald Smith Ann Cunningham Vicki Hadley

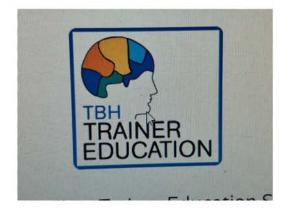


Sedgwick Plaza Events

Sedgwick Plaza Dates & Times







Fun Fitness with Valerie 9/3 - 2pm
Resident Education Angels Home
Health - 9/4 - 1pm
Trivia with Choice 9/4 - 3pm
Mexican Restaurant - 9/6 - 1045am
Meet and Greet Ice Cream Social with
Geriatric Primary Care 9/16 1pm
Zoo Visit 9/19 1pm
Lunch Brunch Il Vicino Oven Pizza 9/20
1045am
Peachy's Farm 9/26 3pm
Good Neighbor Happy Hour 9/27 3pm

National Assisted Living Week: GL 9/8 - National Grandparents Day Luncheon 11am GL 9/9 - Rock N Roll Sock Hop 3pm 9/10 - Tie Dye t - shirt making 3pm 9/11 - 1970's Guess Who Game 3pm 9/12- 1980's Trivia Game 3pm 9/13 - Grace Spirit Day 3pm

BIRTHDAYS





SEDGWICK PLAZA

A GRACE MGMT COMMUNITY

MEET OUR TEAM

Samantha Simmons - Executive Director
Tina Nguyen - Business Office Manager
Tessa Lohrmeyer - Wellness Director
Dmitriy Kiselev - Maintenance Director
Lawonder Markham - Life Enrichment
Director

Carli Birmingham - Sales and Marketing
Director
Crystal Johnson - Housekeeping
Supervisor
Dining Service Director -